

Self-Directed Support Information

Useful Organisations

Self-Directed Support Scotland (SDSS)

Self-Directed Support Scotland (SDSS) is a national membership organisation which actively promotes Independent Living by supporting, working with and championing the aims of Self Directed Support disabled people's organisations.

Self Directed Support Scotland

Norton Park

57 Albion Road, Edinburgh, EH7 5QY

Tel: 0131 475 2623

www.sdsscotland.org.uk

[@SDSScot](https://twitter.com/SDSScot)

Scottish Personal Assistant Employers Network

SPAEN is a membership organisation and they support people with disabilities and/or long-term conditions or impairments to use a Direct Payment to employ Personal Assistants.

SPAEN

Suite E1, Belgrave Court

Rosehall Road, Bellshill, ML4 3NR

Tel: 01698 250280

Email: info@spaen.co.uk

spaen.co.uk

[@SpaenTweets](https://twitter.com/SpaenTweets)

iConnect North East:

491 Union Street, Aberdeen, AB11 6DB (Tel: 01224 583939)

iConnect Fife:

Suite E1, Wing B, Carlyle House, Carlyle Road, Kirkcaldy, KY1 1DB (Tel: 01592 561 402)

iConnect Dumfries:

The Hub, 24-26 Friars Vennel, Dumfries, DG1 2RL (Tel: 01387 269161)

in Control Scotland

in Control Scotland's aim is to support the development of a sustainable system of self-directed support in Scotland where people are in control of and able to direct the – how, when, in what way and by whom – they are supported.

in Control Scotland

c/o Neighbourhood Networks

Pavillion 5A, Moorpark Court

25 Dava Street, Glasgow, G51 2JA

in-controlscotland.org

Telephone: 0141 440 5250

Email: info@in-controlscotland.org.uk

Care Inspectorate

The Care Inspectorate regulates and inspects care services in Scotland to make sure that they meet the right standards. We also jointly inspect with other regulators to check how well different organisations in local areas work to support adults and children.

www.careinspectorate.com

Scottish Public Services Ombudsman

The Scottish Public Services Ombudsman (SPSO) is the final stage for complaints about councils, the National Health Service, housing associations, colleges and universities, prisons, most water and sewerage providers, the Scottish Government and its agencies and departments and most Scottish authorities.

Tel: 0800 377 7330

www.spsso.org.uk

Useful Links

Self-Directed Support Scotland, My Support My Choice

The Scottish Government's Self-directed Support (SDS) website.

This is a one-stop-shop for information about Self-directed Support for people who use social care services and health and social care professionals.

www.selfdirectedsupportscotland.org.uk

Search for Support

A directory of Self-directed Support from Not-for-profit Care Providers within Scotland

www.searchforsupport.org

Dementia Circle

Dementia Circle finds, tests and shares products to help people living with dementia stay independent for longer in their own homes.

Products are tested by families with a person with a diagnosis of dementia and feedback is shared through the Dementia Circle website so you can make better decisions on what you might find useful.

www.dementiacircle.org

Over the Fence

Are you looking for some information about how to get help for yourself, or for someone else who is struggling a bit at home, or needs advice to help them get on with their life? Then this website is for you.

www.overthefence.org.uk

Support Me, Support You

A resource for social care providers interested in self-directed support and committed to developing more personalised flexible support.

www.supportmesupportyou.org

Self-Directed Support for BSL Users

Deaf Action have produced some informative videos on Self-directed Support in British Sign Language. You can access these videos by visiting the following link:

www.vimeo.com/album/3519760

Social Services Knowledge Scotland – SDS portal

This website is here to support all frontline professionals from personal assistants and support workers to social workers and nurses as they seek to implement SDS and embrace the culture change associated with working with SDS.

www.ssks.org.uk/selfdirectedsupport